

If you need help

JHSN1 youth outreach:
250-218-0305

Community Based Victim
Services:
250-338-7575 ext. 224

Hornby/Denman Island
Youth Outreach:
250-218-6521

Helpline for Children:
310-1234

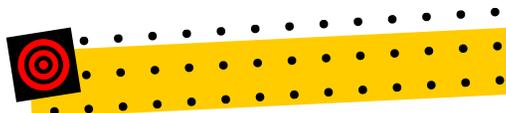
Vancouver Island Crisis
line:
1-888-494-3888

Victim Line:
1-800-563-0808

Resources:
[needhelpnow.ca/applen/
dealing-with-others](http://needhelpnow.ca/applen/dealing-with-others)



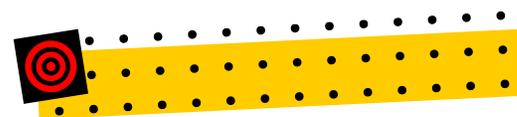
This pamphlet is provided by
CASEY
(Community Against Sexual
Exploitation of Youth)
CASEY is a community action
team focused on raising
awareness about sexual
Exploitation and providing
community education on the
topic.



Check out our Facebook page:



CASEYCOMOXVALLEY



Practice

Safe

Text



5 Things Teens or Youth should know about:

1. Sexting:

Sex and texting refers to the sending of sexually related text or images from one mobile phone to another. In most instances sexting refers to the sending of nude or semi-nude photos that the sender has taken of themselves.

"A Picture can mean a thousand words"

There is no changing your mind once a photo is sent. You lose control of it forever. Those photos could show up later to be seen by family, friends or future employers.

2. Sextortion:

Refers to a form of sexual blackmail in which sexual information or sexual favors is requested of the victim. "Nude Photos" - they could be used to blackmail someone into performing sexual acts.

It takes years to build a reputation and 5 minutes to ruin it.

3. Sexting and Canadian Law:

The creation and sending of nude photos of people under the age of 18 does break Canada's Child Pornography Laws.

The sections of the Criminal Code of Canada are intended to prevent the sexual exploitation of young people (163.1 on Child Pornography).

This section states that making and distributing images, showing sexual activity or exposing sex organs of a person under the age of 18 is a criminal offense.

PROTECT YOURSELF—Don't send sexts—you or the person you send them to could be charged with distribution or possession of child pornography

"I thought it was just between me and you?"

4. Feeling Pressured?:

PROTECT YOURSELF—

Try these ways to say no to a sext:

1. No I don't do that
2. My mom checks my phone
3. Gross! No Way!
4. Lets hang out instead
5. I'm not into sending pics

5. Message from:

~a teen~

"I wish I knew then what I know now because I wouldn't have done it"

"Think before you act!"

~CBC news~

"No laws can fully fix the damage inflicted by just hitting send."

