

If you need help

John Howard Society Youth Outreach
Worker: 250-218-0483

Hornby/Denman Island Youth
Outreach: 250-218-6521

AVI Youth Outreach:
250-218-0305

Community Based Victim Services:
250-338-7575 ext. 224

Sexual Abuse Counselors:
250-338-7575 ext. 222

Lilli House Women's Shelter (24hr):
250-338-1227

Transitions Society/Girls Groups:
250-897-0511

Vancouver Island Crisis Line:
1-888-494-3888

Helpline for Children:
310-1234

Kids Help Phone (24hr):
1-888-668-6868

Victim Line: 1-800-563-0808

Options for Sexual Health:
250-331-8572

STD Info-Line:
1-888-488-7444

Online Resources:

- needhelpnow.ca/applen/dealing-with-others
- www.yesmeansyes.com/learn



This pamphlet is provided by
CASEY Comox Valley — Community
Against Sexual Exploitation of
Youth.

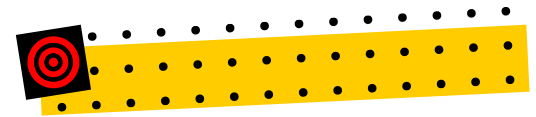
CASEY is a community action team
focused on raising awareness about
sexual exploitation and providing
community education on the topic.



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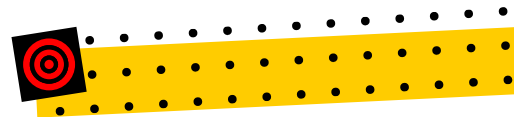


caseycomoxvalley@gmail.com



Drug Facilitated Sexual Assault

Drugs and alcohol make us vulnerable, even
when they make us feel invincible. We have
a right to sexuality without violence.



What are they?

- Drugs or alcohol that make you lose your inhibitions
- Leave you vulnerable to manipulation and sexual assault
- Can be unknowingly slipped into a drink so the victim can be taken advantage of when they are passed out

PROTECT YOURSELF— don't leave your drink unattended and party with people you trust

Examples and Symptoms of Date Rape Drugs

- All drug examples can be ingested in various ways and easily mixed into drinks to be undetectable
- **Alcohol**—the most commonly used
- **GHB**— Victims describe feeling really drunk and then passing out or not remembering anything. Mixing with alcohol can be fatal.
- **Ketamine**— Victims describe feeling drowsy, spaced out, not being able to control their body, or passing out. May make a person very vulnerable to suggestion and unable to detect danger
- **Ectasy (E, X)**— Victims inhibitions are lowered and are very vulnerable to being manipulated. Also offered in exchange for sexual acts or to bribe youth into prostitution
- **Rohypnol (roofies)** —Victims describe feeling more drunk/high than they expected, dizzy, nauseous, sleepy or passing out.

Drugs, Alcohol, Partying & Sex— What's the big deal?

We have all heard people talk about how much better sex was when they have been partying....but what really happens is alcohol and drugs lower inhibitions and make it easier to make choices that you normally wouldn't.

PROTECT YOURSELF—think about the risks:

- You might get pressured to go farther than you want
- Communicating your limits may be more difficult
- Might not worry as much about practicing safe sex and using condoms
- Less able to recognize danger signs
- Being unclear about what might have happened
- Sexual assault

Party with friends and have a safety plan to watch out for each other.

Think you were given something?

If you feel more wasted than you should, feel dizzy, foggy headed or if you passed out and don't remember what happened, someone may have given you a drug.

PROTECT YOURSELF— remember it is not your fault and you didn't ask for it.

What if I didn't say no?

When someone is under the influence of drugs or alcohol and are unable to make a decision, they **cannot legally give their consent**. You actually have to be **able** to give consent—**awake, conscious and sober enough to make a clear decision.**

A person can not use being under the influence as an excuse in court for assaulting someone. Being sexual with someone who is too wasted to give consent **is sexualized assault**. Often, it isn't physically forced as a person can be manipulated or coerced into doing stuff they don't want to do, and may even say yes, **BUT that is NOT CONSENT!**

